



INFO SHEET

Brainspotting with Children and Adolescents Basic Training - Hybrid

05/31 – 06/02, 2024

In-Person: Colorado (Niwot) + online

08.30 am to 05.30 pm Mountain Time Zone

By completing this comprehensive three-day training, you will have profound knowledge and be equipped with hands-on tools to put right to work in your practice. The training comprises theory, demos (live and via videos), practicums, and Q&A sessions.

Day 1 How to apply and utilize Brainspotting with the Young Population.

Day 2 The Uncertainty Principle and Brainspotting with Families.

Day 3 Young Parts/Work with All Age Groups.

Cost:

Early Bird: \$745 / \$375 (repeat) *ends April 1st*

Standard: \$795 / \$400 (repeat) *ends May 1st*

Late: \$845 / \$450 (repeat)

Prerequisite: Brainspotting Phase 1

For **registration** visit: <https://bit.ly/BSP-kids-0524>

For further information: www.brainspotting-kids.com/upcoming-dates

How to get there:

Niwot is a 45-minute drive from Denver International Airport (without going into downtown traffic). There's free street parking in town and additional free parking at Niwot Park-n-Ride, about 4 blocks from the training center.

Lodging:

We don't recommend specific hotels, but we found these nearby lodging spots that are reasonably priced and have good reviews:

Boulder Twin Lakes Inn / SpringHill Suites Boulder Longmont are both about seven minutes away by Uber.

Just next door is the even more comfortable The Niwot Inn & Spa.

Meet your Trainer: Mag. Monika Baumann



Monika is an internationally known Senior Brainspotting Trainer and Consultant, Co- developer of Brainspotting with Children (together with Dr. Martha Jacobi)

She's also a speaker and author, but first of all a psychologist and therapist with over 25 years of clinical experience with multiple specializations, including working with children in Austria and Paraguay.



Read an article: Brainspotting with Children and Adolescents: Can it be seen as a way of reducing long-term effects of trauma? by Mag. Monika Baumann: https://www.brainspotting-kids.com/files/ugd/7ce5b3_53c063adeb0549d998ff20c5ef6fe885.pdf